# How you can become a patient

Shepherd's Clinic serves uninsured patients who live in the following zip codes: **21206**, **21211**, **21212**, **21213**, **21214**, **21215**, **21217**, **21218**, **21234**, **and 21239**. If you are uninsured but do not live in the listed zip codes, please call *First Call for Help* by dialing 2-1-1.

In 2023 our patients must meet the income qualifications below:

Household Size	Annual Income Below
1	\$30,120
2	\$40,880
3	\$51,640
4	\$62,400
For each additional person up to 8, add \$10,760	

#### Who we are

The William H. M. Finney Foundation honors the legacy of Dr. Finney, the first volunteer medical director of Shepherd's Clinic.

Shepherd's Clinic can provide medical and behavioral health care because of the continued generosity of foundations, congregations, community organizations, and individual donors. We partner with MedStar Hospitals, physicians, and other professionals to provide specialty care for our patients.

**Volunteers** comprise most of our clinical and administrative staff and Joy Wellness Center practitioners. They include doctors, nurse practitioners, physician assistants, counselors, social workers, nutritionists, fitness instructors, acupuncturists, students, retirees, and patients.

No health insurance? Call (410) 467-7140 to see if you are eligible.



### **Clinic Hours:**

Office visits are by appointment only.

**No walk-ins available.** Closed major holidays and for inclement weather.

\*Please call the Clinic for current hours as they may be updated\*

**Monday** (no patient appointments)

Tuesday 8 am to 4 pm

Wednesday 8 am to 4 pm

Thursday 8 am to 4 pm

Friday 8 am to 4 pm

Saturday 9 am to 1 pm

(two Saturdays per month)

Sunday CLOSED



Health Care for the Uninsured



Quality, integrative health care for Baltimore's uninsured adults

Medical and Behavioral services for patients who live in the following zip codes: 21206, 21211, 21212, 21213, 21214, 21215, 21217, 21218, 21234, 21239.

Joy Wellness Center (JWC) Community Programs are open to residents in any zip-code. JWC private sessions are limited to Shepherd's Clinic patients.

2800 Kirk Avenue, Baltimore, MD 21218

Clinic: 410-467-7140 Fax: 410-467-7141 shepherdsclinic.org



# **Primary & Specialty Care**

### Whom do we serve?

Shepherd's Clinic is proud to provide comprehensive free primary and specialty medical and behavioral health care to Baltimore residents 18 years of age and older who are uninsured and cannot afford health insurance. To qualify for medical services, you must live in one of the following zip codes:

21206, 21211, 21212, 21213, 21214, 21215, 21217, 21218, 21234, and 21239.

Shepherd's Clinic is a 501(c)(3) nonprofit organization. We do not charge fees or bill our patients for care. But if you are working, we suggest that you donate an hour's wage, or if you are unemployed, we ask that you contribute \$9 per office visit.

Services we are unable to provide include: obstetrical care, emergency services, health care for homeless individuals, or those who are in the U.S. on a visitor's visa. We cannot complete disability claim forms for those who are not already our patients.

### If you think you qualify

Please give us a call during clinic hours at **410-467-7140**. You will be screened over the phone, and if you qualify, we can make an appointment for you to be seen by a provider. If you are eligible for medical assistance, we will help you get enrolled.

We look forward to hearing from you!

#### **Clinical Services**

At Shepherd's Clinic, our primary care program offers our uninsured patients much needed health care. Our physicians and nurse practitioners conduct comprehensive medical evaluations.

Free services currently available include:

- ☐ Basic primary care
- ☐ Disease prevention and screening
- ☐ Physical exams
- Vaccinations
- ☐ Women's health including gynecological care (exception: we do not see pregnant women)
- ☐ Men's health
- ☐ Hospital and diagnostic services (partnership with MedStar Union Memorial and Good Samaritan Hospitals)
- ☐ Referrals to medical specialists in the community
- ☐ Prescription assistance

# **Behavioral Health Care**

Our Behavioral Health Program provides:

- ☐ Behavioral health assessments
- ☐ Counseling and therapy
- ☐ Psychiatric services
- ☐ Case management and connection to resources
- □ Education

Getting to Shepherd's Clinic and the Joy Wellness Center is easy.

We are in central Baltimore behind City College on the #36 MTA bus route. Parking is free.



#### **Wellness Services**

Wellness is the process of becoming aware of and making choices that can lead to a healthier and more fulfilling life. We care about the health and wellness of the people who live in our community. Joy Wellness Center offers both group and individual activities to promote emotional wellness. Ways we can help you enhance your emotional well-being include:

- Healing arts
- Movement therapy
- Nutrition education
- Stress reduction and meditation
- Life skills

For a complete list of our programming, please call or check out our website for our current schedule.

