The mission of Shepherd’s Clinic is to provide quality, affordable, and comprehensive health care to those in our community who cannot afford commercial health insurance, yet do not qualify for government assistance.
Shepherd's Clinic

In the nearly 25 years since first opening our doors, in a two-room basement apartment on St. Paul Street, our mission — to provide quality health care for those who cannot afford commercial insurance, yet do not qualify for government assistance is one that is still relevant and vital to the Baltimore community. With the enactment of the Affordable Care Act (ACA) in 2010, we are optimistic that everyone would receive appropriate and timely care. Throughout our careful planning for the possibilities and changes ACA would bring, we were always mindful that ACA might be the legislation that finally does away with the need for our services. We are discovering that is not the case.

Shepherd's Clinic has gone through a period of rapid growth and change to ensure that we continue to meet the needs of our existing patient population and provide the integrated medical home that best serves the needs of our patients. To accommodate patients who were transitioning to coverage as well as those who would remain uninsured, we developed a hybrid model that would incorporate our ongoing volunteer-driven clinic, a new MedStar Health fee-for-service clinic for insured patients and a new set of comprehensive patient support services to help patients understand health reform and enroll in coverage.

Sara Carlton EdD, President
Board of Directors

Shepherd’s Clinic Board of Directors
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Our long-time partners in care, MedStar Union Memorial Hospital began providing services here in January 2014. Most of the Medstar clinic patient population are newly-transfered Shepherd’s Clinic patients, and many of them became involved through the expansion of Medicare eligibility. Those with Medicaid are doing well and enjoying not only healthy living, but also the offerings here in the Joy Williamson Center. Unfortunately, many of the patients who purchased a qualified health plan plus the healthcare exchange website are not faring as well. A considerable number of the premiums and plans are not affordable, and our newly-insured patient population often are unable to access care because they simply cannot pay their premiums, co-pays and deductibles.

The Affordable Care Act’s benefit expansions and changes to the healthcare exchange website are not faring as well. A patient-driven model is the future. Preventive care, family health, wellness, patient and Medicaid and the Affordable Care Act will be the future of health care expanded.

They have driven health and wellness programs. Building & growth grants greatly enhanced.

Patient only requires 1500 deductible, and all other high deductible plans must be made to happen. Economy still struggles. Shepherd’s Clinic remains a wonderful resource.

Samantha Mestan, Volunteer Maryland Coordinator
Erin Gahan, Wellness Program Director
Keith Carter, Office Manager
Sara Cawrse, NP, Clinical Nurse Practitioner
Glenda Skuletich, Administrative Director
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Vice President
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Recording Secretary
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The Foundation embarks on a 15th Anniversary to serve patients upon referral. Residents work at Medstar’s Clinic & Shepherd’s Clinic. Hospital’s physicians & grounds greatly enhanced.

Leaves of Service of Volunteers

Volunteer Specialty Consultations

Pre & Post Affordable Care Act (ACA)

Area Served: 21212
Area Served: 21218
Area Served: 21212
Area Served: 21218
Area Served: 21214
Area Served: 21211
Area Served: 21212
Area Served: 21214
Area Served: 21211
Area Served: 21212
Area Served: 21214
Area Served: 21211

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