



SHEPHERD'S CLINIC

Health Care for the Uninsured



Providing quality integrative health care to Baltimore's uninsured, and enrollment assistance for the Affordable Care Act.

2800 Kirk Avenue, Baltimore, MD 21218
clinic • 410-467-7140
administration • 410-467-7146
fax • 410-467-7141 ♦ www.shepherdsclinic.org

How to Become a Patient

We serve patients in the following zip codes: 21211, 21213, 21218, 21212, 21239, 21214, and 21206. If you don't live in one of these zip codes, please call "First Call for Help" by dialing 211.

Income Qualifications

# in household	Annual income below
1	\$23,340.00
2	\$31,460.00
3	\$39,580.00
4	\$47,700.00
5	\$55,820.00

For each additional person add \$8,120.00

Clinic Hours: Tuesday–Thursday 9–4 pm, Friday 9–1 pm, plus one Wednesday evening per month and most Saturday mornings. Visits by appointment only.

Your First Appointment: Please arrive 30 minutes early with the following information:

- Photo ID and proof of current address, utility or phone bill, or lease with current address.
- If you're working, bring your current pay stub.
- If you're married, bring your spouse's pay stub.
- If you receive unemployment, or SSI, bring in documents to show how much you receive.
- If you're not working, bring a letter from the person who is taking care of you financially.

Shepherd's Clinic Patient Policies

Affordability: If you're working, we suggest that you donate an hour's wage per office visit.

Cancel Appointments by calling the day before your appointment. Three "No Shows" a year leaves you ineligible for services for 6 months. The doctors want to spend time with you, so please be on time or call us if you're running late. If you're more than 15 minutes late, you may not be seen by your doctor.

Specialty Care, Hospital & Diagnostic Referrals: Most referrals are to MedStar Union Memorial Hospital. Each referral requires a separate form from our clinic. You must take your referral form to your appointment to qualify as a Shepherd's Clinic patient. Please call if you must miss an appointment.

Medication Refills: We need 72 hours to fill prescriptions. Please note we are closed Mondays. Do not wait until you are out of medicines before calling for a refill. When you call, have the name(s) of your medication(s) and your next appointment date handy.

Emergency Services: Shepherd's Clinic is not equipped to handle emergencies. Please go to your nearest hospital. Visits to the ER are your financial responsibility unless a clinic doctor approves a referral. The clinic does not cover ambulance services. We cannot see pregnant women.

Shepherd's Clinic is located behind City College on the #36 MTA bus line. Free parking is available.

Patients • Wellness • Health • Service • Volunteers • Baltimore • Movement • Care

What We Provide

Primary and Specialty Health Care

Our primary care program offers comprehensive health evaluations, including age-appropriate screenings and disease-specific diagnostic testing. Specialty care is offered on a referral basis. Our providers work with patients to access specialty services at our clinic, our Joy Wellness Center, MedStar Union Memorial Hospital, and the community at large.

Mental Health Care

The Behavioral Health Program focuses on the assessment of mental health needs, the provision of counseling therapy, psychiatric services, case management resources, and educational sessions.

Hospital and Diagnostic Services

Our unique partnership with MedStar Union Memorial Hospital gives our patients access to other specialty, hospital, and diagnostic services at no charge by referral.

Affordable Care Act Enrollment Assistance

We offer year-round enrollment assistance for Medicaid, and work with patients who become eligible for the exchange due to a life changing event. Appointments with a Healthcare Access Maryland professional navigator are available every Wednesday and Thursday.

Services Not Provided

Obstetrical care, emergency services, health care for the homeless, disability claims for non-patients.

Joy Wellness Center Services

Healing Arts

Joy Wellness Center offers acupuncture circle and private acupuncture, private massage, craniosacral, and reflexology to help patients relieve stress and pain while restoring and maintaining health.

Movement Therapy

Our movement classes include gentle yoga, chair yoga, walking courses, strength training, and more. These classes improve strength, cardiovascular health, flexibility, and energy.

Nutrition Education

Nutrition classes on eating for heart health, to prevent or treat diabetes, cooking on a budget, and nutrition for general health and well-being are offered periodically. There are also private consults with nutritionists and an organic garden.

Stress Reduction and Meditation

Classes include mindfulness-based stress reduction, weekly drop-in meditation classes, and yoga nidra.

Life Skills

Series offered include women's group, "A Month for Me," smoking cessation programs, and more.

Joy Wellness
Center

Call or check the website for current programming.

Who Makes it Happen

Volunteers

Our clinic is almost 100 percent run by volunteers. This includes doctors, nurses, nurse practitioners, physician assistants, counselors, social workers, nutritionists, exercise and yoga instructors, massage therapists, acupuncturists, stress reduction instructors, administrators, students, professionals, retirees, and patients.

Join us! contact our Volunteer Coordinator at
410.467.7146 or volunteer@shepherdsclinic.org

Private Donors

Shepherd's Clinic is able to provide medical care because of the continued generosity of foundations, congregations, community organizations, and individuals.

Partners

We partner with MedStar Union Memorial Hospital, physicians, and other professionals who help to make continuity of care possible for our patients.

William H.M. Finney Foundation

The Foundation honors the legacy of Dr. Finney, the first volunteer Medical Director of Shepherd's Clinic. Dr. Finney was loved by patients for his straightforward manner and his empathetic style. He is remembered by many volunteers for his work building out the clinic, including plumbing and construction. His support of the clinic was invaluable.